

THE ULTIMATE DOCUMENT BINDINGS GUIDE

Your pages are all printed and trimmed, but they're missing that finishing touch? Read on to learn which kind of binding works best for your type of document.

SADDLE STITCHING

- One of the most commonly used binding types
- It's a very affordable option
- **Ideal for:** 8–80 pages

METHOD: Two wires are punched through the document's spine and bent at the centrefold.



LOOP STITCHING

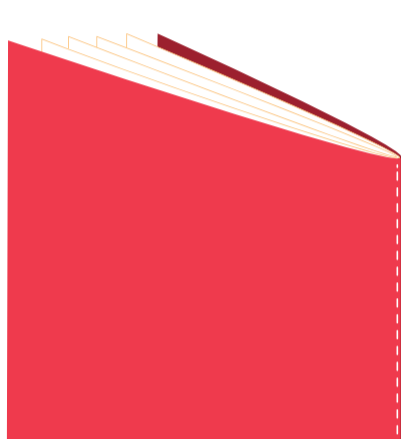
- Variation of saddle stitching
- **Ideal for:** 8–80 pages

METHOD: The wires used to bind the pages form loops, which allows you to store the document in a three-ring folder and add additional volumes over time.

SIDE STITCHING

- Also called stab stitching
- **Ideal for:** up to 300 pages

METHOD: Involves wires being punched through the cover page of your document, not along the spine.



SEWN BINDING

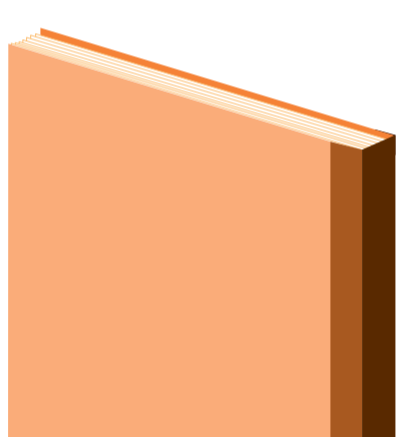
- Can add a charming 'vintage' effect
- Works well for thinner documents and magazines
- **Ideal for:** up to 24 pages

METHOD: Connects your pages along the spine with a thread.

PERFECT BINDING

- Used for thicker documents
- **Ideal for:** 50–250 pages

METHOD: The document pages are sectioned, collated and glued to a wrap around the cover.



TAPE BINDING

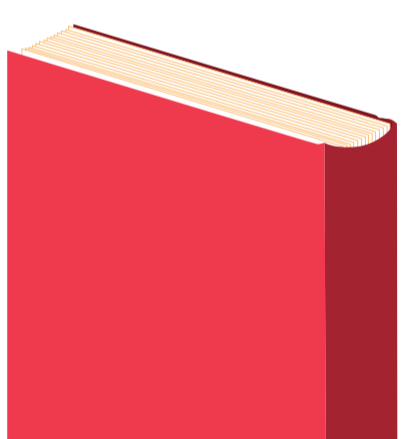
- Uses adhesive
- Larger documents may require sewing for additional support
- **Ideal for:** 50–250 pages

METHOD: An adhesive wrap goes around the spine of the document to hold the pages together.

SCREW BINDING

- Popular for swatch books
- Uses screws installed in the front cover through to the back
- **Ideal for:** up to 250 pages

METHOD: First, holes are drilled into the document cover through to the back. Then they're fitted with barrel posts and covered with cap screws.



CASE BINDING

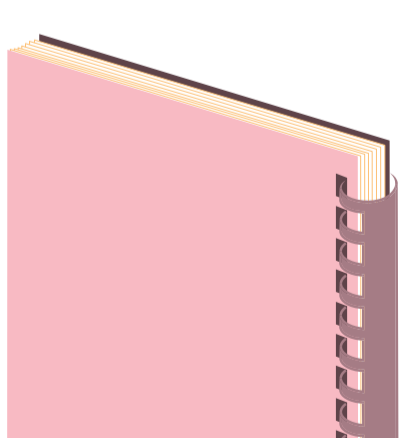
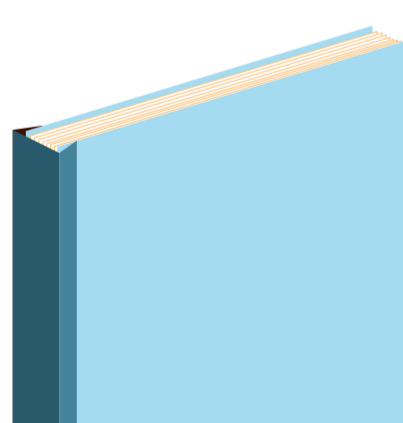
- Often used for books (hard cover)
- There are variations in technique
- **Ideal for:** 20–400 pages

METHOD: The inside pages of your document are sewn together in sections, glued at the ends and then glued to the spine of your cover.

PLASTIC GRIP BINDING

- Great option for smaller projects
- A triangular moulded plastic strip acts as the document spine
- **Ideal for:** 2–400 pages

METHOD: The inside pages of your document are sewn together in sections, glued at the ends and then glued to the spine of your cover.



COMB/PLASTIC BINDING

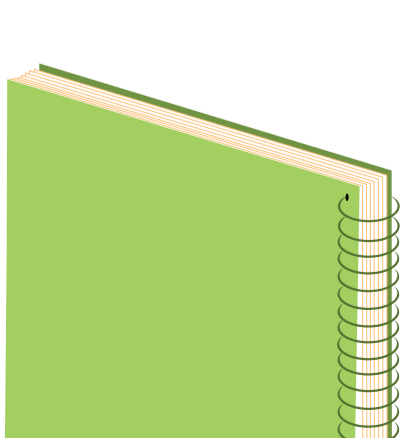
- Allows your document to lie completely flat when open
- **Ideal for:** 2–200 pages

METHOD: The plastic strip features rings that are inserted through rectangular holes in the spine of your document.

SPIRAL/COIL BINDING

- Allows your document to lie perfectly flat when open
- Allows you to fold the pages all the way to the back of the document
- **Ideal for:** up to 230 pages

METHOD: Uses bent wire to hold your printed pages together without damaging the paper.



WIRE-O/WIRE BINDING

- Elegant solution for everything from presentations to notebooks
- Allows your document pages to align perfectly when open
- **Ideal for:** up to 230 pages

METHOD: The metal loops of the spine are thread through the holes in the paper.